



Be the best!

# JILL'S SALON



### TRAINING ACADEMY

"Bringing Beauty to your door and Hope to their Lives"











#### Polish & Perfect : Hand, Foot & Skin Essentials

Treatment Name	Time	Price
1. Nail Filling & Polish ( hands & feet)	15 min	250
Classic Manicure     (Deep cleansing of cuticles dead skin and scrub massage up to elbows)	45 min	400
Classic Pedicure     (Deep cleansing of cuticles dead skin and cracked heels and scrub massage up to the knees)	1 hour	600
Maincure (Spa Treatment)     (Deep cleansing of cuticles dead skin and scrubbing massage and pack up to elbows)	1 hour	550
5. Pedicure (Spa Treatment) (Deep cleansing of cuticles dead skin and cracked heels and scrubbing , massage and pack up to the k	1.5 hours	850
Crystal Manicure & Pedicure     (Soaking of hands and feet in Himalayan sea salt crystal jel and manicure & pedicure treatment)	2 hours	1800
7. Hand & Feet Massage	1 hour	500
8. Hot Stone & Compression Massage	1 hour	600
9. Hand & Leg Polishing	1 hour	850
10. Hand and leg D-Tan	1hour	700
11. Mehndi Design (Both Hands) (Upto Wrist) Starts from 600	1 hour	600
12. Mehndi Design (Both Legs) (Upto Ankle) Starts from 600	1 hour	600
13. Bridal Hands Mehndi (Upto the Elbow) Starts from 4000	2 hours	4000
14. Bridal Legs Mehndi (Upto the Mid Ankle) Starts from 2000	2 hours	2000





#### **Facial & Clean-Up Treatments**

Treatment Name	Time	Price
1. Face D-tan	30 mins	400
2. Face Clean-up	45 mins	500
3. Face & Neck Uplifting Massage	20 mins	300
Facial Services     ( Your Product our services)	1 hour	500
5. Hot stone face massage	30 mins	400
6. Fruit Facial	50 mins	600
7. Aroma Magic vitamin C facial	1 hour	1200
8. Relaxing & Calming Facial	1 hour	850
9. Gold Facial ( Product by Lotus)	1 hour	1000
10. Gold facial ( Product by Shahnaz Hussain)	1.5 hours	1500
11. OxyLife Anti Pigmentation Facial	1.5 hours	1000
12. Deep Cleansing Facial	1.5 hours	1200
13. Nourishing & Herbal Facial	1.5 hours	1000
14. Microderma Brasion Facial	1.5 hours	1500
15. Skin Analysis & Blackhead Removal Facial	1.5 hour	1300
16. Ageless facial	1.5 hours	1800
17. O3 Shine & Glow facial	1.5 hours	1500
18. 03 Bridal Facial	1.5 hours	2000
19. Skin Consultation	1 hour	2000
20. Jill's Salon Signature Facial	1.5 hours	2500





# Signature Touch Face, Body & Wrap Therapies

Treatment Name	Time	Price
1. Indian Head massage	30 mins	300
2. Head, Neck & Shoulder Massage	45 mins	500
3. Hot Oil & Muscle Relaxant Body Massage	1 hour	1000
4. Hot stone and Compression Body Massage	1 hour	1300
5. Cleansing Body Exfoliation & Massage	1 hour	1600
6. Shirodhara Head Massage ( Medicated oil/Milk / water)	1 hour	2000
7. Shirodhara Body Massage	1 hour	1800
8. Abhyanga Garshana Body Massage ( Detoxification & Cleansing)	1 hour	1800
9. Cleansing Wrap Massage ( Full Body Polishing)	1.5 hours	2200
10. Pain Relief Body Massage	1.5 hours	2500
11. Deep Tissue Body Massage	1.5 hours	2000
12. Signature Body Massage (Products byClarins)	1.5 hours	3000
13. Signature Body Massage (Product by Chanel No. 5)	1.5 hours	3500





#### **Makeup & Hair Styling**

Treatment Name	Time	Price
1. Professional Makeup	1.5 hours	2000
2. Party Makeup	2 hours	2500
Special Ocassion Makeup     ( Engagement, Reception etc)	2 hours	3500
4. Christian Bridal Makeup	2 hours	4000
5. Indian Bridal Makeup	3 hours	7500
6. Loose hair styling ( Straightening. Curling & Crimping)	1.5 hours	2000
7. Bridal Bun or braids (With Flower)	1.5 hours	3000
8. Groom Makeup		3500

#### Styling

Treatment Name	Price
1. Gown styling	1000
2. Saree Drapping and Styling	1500
3. Lengha & Dupatta Draping & Styling	2000

Treatment Name	Price	
. Acrylic Nails	2000+	
2. Gel Nails	1500+	
. Acrylic Nails with art	2500+	
. Gel Nails with art	2000+	
. Toe Nails	2000+	
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#### Threading & Waxing

Treatment Name	Time	Price	
1. Eyebrows	15 mins	40	
2. Upper Lip & Forehead	15 mins	40	
3. Eyebrows, Upper lip & Forhead	20 mins	80	
4. Full Face Threading	30 mins	150	
		Normal wax	Rica Wax
5. Full Hand Waxing	45 mins	400	700
6. Full Leg Waxing	1 hour	800	1200
7. Underarms Waxing	20 mins	150	500
8. Full Body Waxing	2 hours	2000	3500
9. Rica Bean Hygeine Bikni Wax ( Removes Unwanted hair from Bikini Area , Butt Line & Bikini Line)	30 mins		1500
10. Rica Bean Hygeine Face Waxing	30 min		800





# Signature Hair treatments, cuts & Styling

Treatment Name	Price
1. Hair wash & Blow Dry	600+
2. Matrix ( Opti care) Hair spa	1300+
3. Loreal Hair spa	1500+
4. Deep Nourishing Treatment	1800+
5. Henna Color Treatment (Application, Wash & hair dry)	1000+
6. Temporary hair styling (Straightening/ Curling / Crimping, Bun)	1000+
7. Permament hair Straightening/Smoothening	3000+
8. Perming	5000+
9. Global Hair Colour	3000+
10. Keratin	5500+
11. Rebounding	7000+
12. Nanoplastia Hair Treatment	7500+
13. Ola Plex hair treatment	3000+
14. Highlighting all over	4000+
15. One Strip Highlighting	400+
16. Hair Fall Treatment	2000+
17. Child Hair Cut	500
18. Signature Hair Cut without Blow dry	800
19. Signature Hair Cut with Blow Dry	1000
20. Hair Consultation	1500

Note - Client's are kindly requested to wash their hair prior to any treatments that requires a hair wash.

Note - Hair services price differ as per length Upto shoulder/ Upto mid back/Upto waist





### Restorative Movement & Therapeutic Recovery Program

Designed to rejuvenate the body, relieve pain, and restore physical function through expert-guided therapeutic techniques. This program combines the science of physiotherapy with holistic care to support recovery, mobility, and long-term wellbeing

Treatment Name	Time	Price
1. Pain Relief Therapy ( Machine use/ Massage/ Exercise)  Knee pain ( Osteo/Arthritis) Lower back pain, Shoulder pain Cervical Problem Sports Injuries Muscular pain Paralysis Post knee Replacement Post Operation Rehabilitation Fracture cases	1 hour	1500
Posture Correction & Alignment Therapy (Improve posture, reduce stress on joints, and prevent future pain with personalized alignment sessions.)	1 hour	1500
Mobility & Strength Training     (Rebuild strength and flexibility after injury or     surgery through guided movements and     resistance techniques.)	1 hour	1000
Women's Health Physiotherapy     (Specialized care for postpartum recovery,     pelvic pain, and hormonal-related     musculoskeletal issues.)	1 hour	1500
<ol> <li>"Stress-Relief &amp; Relaxation Therapy (Combining physiotherapy with guided breathing, stretching, and trigger-point release for deep relaxation.)"</li> </ol>		1000
6. Paraffin Wax Therapy	30 min	1000
7. Stretching , Oil massage & Acupuncture	15 min	2500
8. Daily physiotherapy session (Machine/massage/physio)	30 min	700





#### Crafted for Impact: Empowering Professionals in Beauty, Wellness, Therapy, and Coaching:

- Professional Beauty Therapy Certification
   Comprehensive training in skincare, facial treatments, skin analysis and client consultation.
- Advanced Hair Styling & Salon Techniques Master the art of cutting, colouring, styling, and hair health.
- Certified Make-up Artistry & Application Techniques
   From bridal to editorial, learn make-up artistry for every occasion.
- Holistic Massage & Wellness Therapy
   Covering Swedish, deep tissue, and aromatherapy and other massage practices.
- Creative Nail Artistry & Professional Nail Care Techniques in manicure, pedicure, acrylics, gel, and artistic nail design.
- Physiotherapy & Rehabilitation Training Introductory course for aspiring physio's in therapeutic practices.
- Diploma in Life Coaching & Transformational Counselling Equip yourself to guide others through life's challenges and personal development.
- Train the Trainer: Professional Facilitation & Delivery Skills Empower yourself to train others with confidence, clarity, and credibility.
- Emotional Intelligence & Communication Mastery Essential for leaders, therapists, and coaches—master EQ for impact.
- Personal Branding, Business Set-up & Client Relationship Management
   Build a winning brand and manage your client base for long-term success.



## "A Message from our Founder Jillian Haslam"

At Jill's Salon we believe in more than just Beauty, we believe in Change.

Every time you book a service with us, you're doing something Extraordinary! You're helping women out of hardship, to overcome struggle and to take steps towards equality. Your choice supports their journey to build better lives for themselves and their families. We are creating a ripple effect of Empowerment, Hope and Opportunity.

Thank you for being a part of something truly meaningful."

- Jillian Haslam

Call us or send us a message on

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